



Focusing on
your child's
unique needs



*"Within weeks tantrums were decreasing as was the stress.
We felt we were in the best hands with Rinn ABA."*

BCBAs and ABA Instructors
work with you



Rinn ABA

Rinn ABA Consulting is a family-owned professional practice that provides high-quality autism treatment. Our interventions are grounded in the science of Applied Behavior Analysis (ABA), and are carefully planned, implemented, and analyzed. Our strategies are innovative, highly effective, and practical for parents to use.

Rinn ABA uses a systematic process when introducing treatment that focuses first on building a warm and fun-filled relationship with the child. We then work to establish cooperation, allowing for faster learning and fewer tears.

With our experienced staff and proven techniques, parents quickly feel a renewed sense of confidence, control and optimism.

Rinn ABA Benefits:

- Full-time staff, rigorously trained and regularly evaluated
- Developers of an innovative ABA learning curriculum
- 100% of Rinn ABA clients are pleased (33%) or very pleased (67%), and would recommend our service to a family member or friend in need*
- Parents receive hands-on training to promote consistency and success

*2019 Client Survey Results

Speak with a Rinn ABA team member:

- Call: 201-605-6727
- E-mail: info@RinnABAConsulting.com
- www.RinnABAConsulting.com

Don't Wait. Evaluate.

A Parent's Roadmap to Autism Diagnosis and Treatment



Using scientifically
proven methods



to give you control and
brighten your child's future.



Faster Learning, Fewer Tears, A Brighter Future!



Don't Wait. Evaluate.

Does your child seem distant? Does his or her speech or social interactions seem different than other children of the same age? Does he or she have behavioral problems and engage in frequent, long-lasting tantrums?

While each child does develop at their own pace, you should take action if your toddler's behaviors are worrying you. Deciding to "wait and see," hoping he or she will "grow out of it," may delay necessary treatment if your child is on the autism spectrum. Early diagnosis and treatment can make a world of difference: affecting the rest of their life, and your own.

Could It Be Autism?

Autism Spectrum Disorder (**ASD**) is a group of developmental disorders that includes a wide range, or "spectrum," of symptoms, skills and levels of disability.

Communication and Socialization Symptoms:

- Not reacting to name being called
- Brief or inconsistent eye contact
- Resistance to being held or touched
- Being distant; preferring to be alone
- Not looking at toys that you show them
- Rarely smiling at you
- Rarely exchanging sounds, words or gestures
- Not pointing or waving

Behavioral Issues:

- Frequent body-tensing, hand-flapping, spinning, rocking or gazing
- Repetitive sounds or noises
- Repetitive routines around toys, music or videos
- Frequent tantrums
- Anxious when routines change or activities end
- Destructive or aggressive behavior
- Frequently noncompliant or uncooperative

The Centers for Disease Control (CDC) estimates 1 in 34 children in New Jersey has some form of ASD. Some are mildly impaired, while others are severely disabled.

Thankfully, there are treatments that can significantly improve a person's symptoms and quality of life. To determine if your loved one is on the autism spectrum take the following steps.

First Steps

Speak with Your Pediatrician

If you are concerned, talk to your pediatrician about setting up an ASD evaluation. Your pediatrician should recommend an evaluation by a professional specializing in ASD diagnosis such as a developmental pediatrician or a pediatric neurologist.

DON'T WAIT. EVALUATE.

According to the CDC, ASD can be detected before 18 months, and "by age 2, a diagnosis can be considered very reliable."

Obtaining a formal diagnosis of ASD is key, as children cannot receive necessary autism treatment without it. Also, research shows that children with autism make faster progress and experience larger treatment gains across all skill areas when they: a) are diagnosed younger, and b) receive larger dosages of effective autism treatment.

Due to the high prevalence of autism in NJ, however, many families are forced to wait months for a diagnostic evaluation, delaying necessary treatment. For this reason, it is recommended that families use our **Autism Diagnosis Guide** (available on our website). Reach out to a number of diagnosticians and select the one who can provide an evaluation without delay.

Learn About Applied Behavior Analysis

If your child is diagnosed with ASD, you will want to review the benefits of Applied Behavior Analysis (ABA).

ABA is a scientifically validated approach proven to effectively teach skills and reduce stigmatizing behavior. In many states, including New Jersey, ABA is deemed "medically necessary" for persons with autism.

ABA intervention packages should include programs for teaching language, play, social skills, self-care, and more. ABA treatment should always be custom designed by a Board Certified Behavior Analyst (BCBA), who oversees the ABA instructor delivering the treatment during regularly scheduled sessions.

Contact Your Insurance Company

Call your insurance carrier to determine if your policy covers ABA. Determine the associated costs, including your deductible, co-payment, co-insurance and maximum out-of-pocket expense. Next, determine which ABA providers are in your network.

Next Steps

Select Your Treatment Provider

Choosing your ABA provider should be done with care. It is important to ask each provider:

- How frequently will a BCBA observe my child's ABA sessions, review my child's treatment data, and meet with me to discuss strategies?
- Are staff members dedicated, full-time employees – or freelance (1099) contractors?
- Will I have access to my child's data and written teaching strategies?
- How much input will I have in selecting goals and approving strategies?
- How will I be taught to replicate the strategies used to help my child?

For a more extensive set of questions, go to:
www.rinnabaconsulting.com/resources

